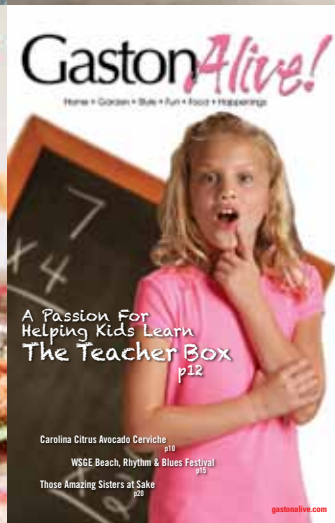
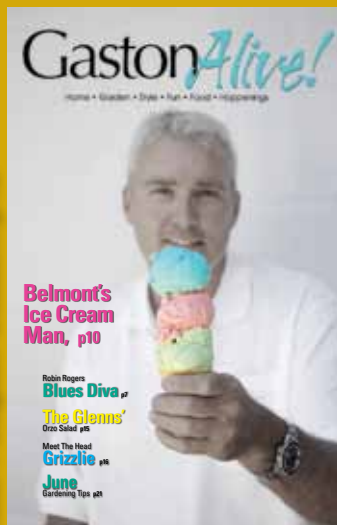


# GASTON ALIVE! MAGAZINE

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Happy Birthday GA! p6 • Unwritten Rules of Gaston County p10 • Chocolate Pumpkin Dessert p12



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# FROM THE PUBLISHER

After living in Mount Holly and attending high school here, I moved away for many years. Fast forward twenty plus years-after serving in the army, going to college, and raising two boys, I moved back Mount Holly in 1995. I was surprised that the town actually seemed to not only have not grown, but the downtown was struggling, and many of the old businesses that I remembered had disappeared.

Today it's a different story. We have a several restaurants downtown, with two more slated to open in the very near future. We have specialty retail, a gallery, boutiques, a coffee shop and bakeries, and salons. And lots of churches. A week or two back Mount Holly had an event called the Art of Mount Holly. I visited the Awaken Galley and it was packed, as were the artist spaces above the gallery-who knew that Mount Holly had a thriving little artist colony! I understand we have more artists from the Gaston County Art Guild moving into a building across from the Citizens Center. We're being infested with artists-yay!

One really cool event that's coming is the Mount Holly Lantern Parade. It will be held October 20th and you won't believe some of the lanterns! For more information go to [www.mounthollyfoundation.org](http://www.mounthollyfoundation.org) or Call Emily Andress at 980-277-8527.

Go Gaston County!  
David



**LANTERN PARADE**  
SATURDAY, OCTOBER 20TH AT 7:00 PM

THE LANTERN PARADE STARTS AT  
IDA RANKIN ELEMENTARY SCHOOL  
AND MARCHES TO 226 SOUTH MAIN STREET  
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featured this month

06

14 YEARS OF GA FUN!

10

GASTON COUNTY'S  
UNWRITTEN RULES

12

CHOCOLATE PUMPKIN CAKE  
WITH PUMPKIN BUTTER  
CREAM FROSTING



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# on the cover



On the cover this month is a montage of some of our favorite covers. We're celebrating our 14th birthday (a little late), and we'd like you to help us pick your favorite cover. See contest details on page 6. Rick Haithcox shot most of our covers, and David James handled the graphic design. Let us feature your company or nonprofit in an upcoming issue-call for details, 704-650-8330.

## our staff

### PUBLISHER

DAVID HAMRICK

### CONTRIBUTING PHOTOGRAPHERS

RICK HAITHCOX

### SALES

DAVID HAMRICK

### DESIGN

DAVID JAMES

### CONTRIBUTING WRITERS

BEN DUNGAN

DAVID HAMRICK

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GA|10|18

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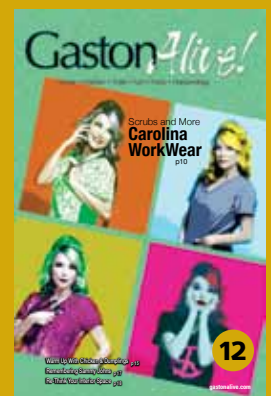
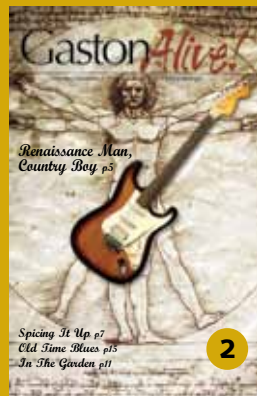
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*By David Hamrick*



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**Nicole Hunt Feature,**  
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*— Greg Dimmer/Dimmer & Sons Construction, Inc.*



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*— Stacy Oxford/Milltown Mobile Dog Grooming*



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*— Linda Park/Co Owner Sake Express*

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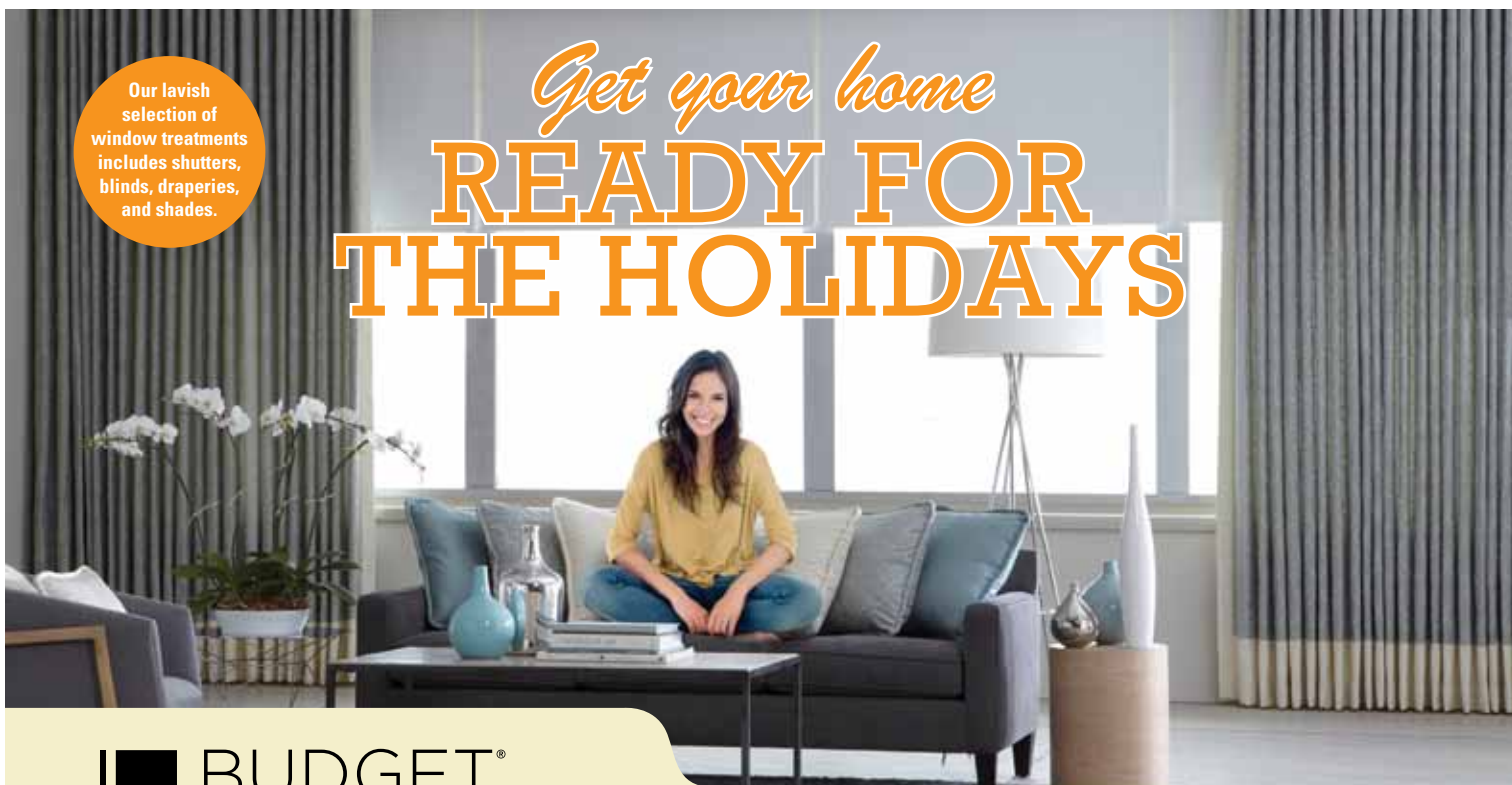
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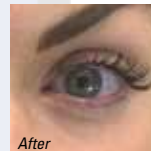
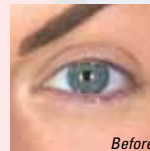
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# GASTON COUNTY'S UNWRITTEN RULES



When you've been around for more than 100 years, you tend to get a little stuck in your ways. After all, it's worked for you this long, why bother changing?



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For example, ice cream can only be ordered in one line. Everything else must be ordered in the other line. No one knows why, but that's just the way it is. If you don't know this rule, you learn pretty quick.

Just like my Uncle Ed did several years ago. He's not from around here. He was a native Charlottean and lived there most of his life. But unlike many Charlotteans, he wasn't afraid to cross the Catawba River for some of the best ice cream around. It was all worth it - including getting yelled at for getting in the wrong line. He never forgot.

That's just one of the many Gaston County unwritten rules. All places have them. Out-of-towners must learn the hard way. The local natives just inherently know what to do. It's almost as if it's been embedded in their DNA from the time they were born.

North Carolina-based singer-songwriter and storyteller Michael Reno Harrell would argue that these aren't rules at all. They're merely

suggestions, or better yet, "just some things we figured out".

In his song, "Southern Suggestions", he lays out many of the South's unwritten rules, to making living easy for all of us, no matter where you're from.

So if you're new to town, or just passing through like my uncle, here's a few "things we've figured out" to ensure your Gaston County experience is as smooth as it can be.

## Suggestion #1

If you're eating fish at a fish camp, it better be fried. Sure, you can ask for it broiled or baked, but it will take longer to prepare. And they won't give you as much as if you ordered it fried. Do yourself a favor - stay on the server's good side and order it fried.

## Suggestion #2

And while you're there, good luck finding anything green on your plate. It should be all brown, different shades of brown of course. This includes the fried fish, french fries, baked potato and the hushpuppies. If anything should be remotely close to green, it could be a slight hint of green emanating from the coleslaw. But a hint is all you get.

## Suggestion #3

The fried fish may look and taste the same everywhere you go, but don't count on that when you order slaw from a Gaston County restaurant. Sometimes it'll be a mayonnaise-based coleslaw, a tangy barbecue red slaw, or it may be whatever R.O.'s and Black's BBQ put in their legendary slaw. Rest assured, it's all cabbage at the end of the day.





#### Suggestion #4

If there was one thing I learned pretty quick, it's that Gaston County natives can't be bothered with extra syllables in words. Three-syllable words are one too many - especially if you live in Cherryville or Bessemer City. It's not a hard concept, but the out-of-towners always get it wrong. I've found that the least amount of movement your lips can make, the better. Makes it easier to say "Cher-vul" and "Bess-mur".

#### Suggestion #5

Gaston County may be Charlotte's next-door neighbor, but to the many that live here, it might as well be a million miles away. From a proximity standpoint, Gaston County has a lot going for it. We are less than two hours from the mountains and approximately four hours to the beach. But don't ask a local to drive "all the way" to Charlotte. That could take hours. Or days.

I've lived in this great county for over 18 years, and I'm still learning these things. Sometimes, we just have to learn the hard way. Let's face it, we just don't know what we don't know.

But all it takes is breaking one of these unwritten rules and you're sure to never do it again.

Getting in the right line at Tony's is a good first start. But whatever you do, never, ever, ask for a lid for that milkshake.



October is GO Month, a month-long celebration of all things Gaston County! Each week through October, Gaston Outside will feature a different point of focus with activities, events, tours, luncheons, discussions, parades and more.

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#### Cake:

- 1 box Devils Food Cake Mix
- 15 oz Pumpkin Puree
- 2 Eggs
- 2 tbsp Vegetable Oil
- 3 1/2 tbsp Pumpkin Pie Spice

#### Frosting:

- 1 cup softened Butter
- 4 1/2 cup Powdered Sugar
- 1 cup Pumpkin Puree
- 1 tsp Pumpkin Spice
- Several drops Red Food coloring optional
- Several drops Yellow Food Coloring optional

### Instructions

#### Cake:

1. Preheat oven to 350.
2. Grease 11x13" pan. Set aside.
3. Mix all cake ingredients in a large bowl until just blended.
4. Transfer to prepared pan.
5. Bake for 35-40 minutes or until toothpick inserted in middle comes out clean.
6. Allow to cool.

#### Frosting:

1. Whip butter until fluffy.
2. Add pumpkin and pumpkin spice and mix until blended.
3. Optionally add food coloring to achieve desired orange color.
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5. Frost cake.

Serve and enjoy!





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**front porch.**



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