

GASTON ALIVE

MAGAZINE

HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS

Journey To Benefit Parkinson's Disease

p10

**Gaston Architect
Hugh Edward White**

p6

**Grandmother
Wilson's Pecan Pie**

p12



New Patients Welcome!

Smile Whitening
for **LIFE** **\$99**

Restrictions apply. Call for details.

FREE Orthodontic
Consultation

Braces or Invisalign. Call to schedule.

www.OakRidgeDentalArts.com

Taking care of All your family's dental needs



Full service dentistry in Gaston County

Belmont location:

203 S Main Street

704.825.9635

Stanley location:

115 E. College Street

704.263.8845

Clean should
be simple

Eliminate your daily cleaning routine with SoClean – the faster, easier, more effective way to completely sanitize your CPAP equipment, killing 99.9% of germs and bacteria.

GO cpap.com

Purchase today at
GoCPAP.com
and use coupon code
gastonalive
to receive

10% OFF!

Cannot be combined
with any other offers. Expires 12.15.17

SoClean.
Automated CPAP Equipment Cleaner



#1
As rated by
CPAP Users

Your 40 Day Transformation
Up To **40 lbs in 40 Days!**

**Our Proprietary, Physician-Supervised
Weight Loss System:**

- Easy to follow
- Boasts an 88% long term success rate
- Allows our patients to lose weight fast
- Even works for patients who are diabetic, hypothyroid, or who have failed at every other weight loss system available.
- Allows you to literally watch the fat melt off your belly and thighs...and maintain it for the rest of your life.

**Call For Your
FREE Consultation!**
*Consultation times are limited.



**To Be Your Best...
See the Best**



Dr. Lidia Adkins,
CFMP, DC, PKT

"If you are serious about losing weight, I can really help you."

CAROLINAS WEIGHT LOSS INSTITUTE

Weight Loss Designed For Your Body

**You can schedule your
Free Consultation by calling**

704-461-0265

216 South New Hope Rd, Gastonia



www.cwli.net

Rachel!
Lost 40 lb And
4 Dress Sizes!



*This is an average. Results may vary.

ASK ABOUT OUR
SPOTON LOYALTY
PROGRAM!

GIFT CARDS
ARE AVAILABLE!

Sake Express

Voted #1
Japanese Restaurant
in Gaston County!

Japanese Steakhouse & Sushi

BELMONT
675 Park St.
704.461.0400

GASTONIA
1327 E. Franklin Blvd.
704.864.4466

LAKE WYLIE
5360 Hwy 557
803.610.0146
(NOW OPEN!)

MOUNT HOLLY
349 W. Charlotte Ave.
704.827.4819



TRY OUR NEW
Bento Box!
FOR ONLY \$9.49



RESTAURANT HOURS

Belmont • Gastonia • Lake Wylie
Monday - Saturday 10:30 a.m. - 10:00 p.m.
Sunday 11:00 a.m. - 9:00 p.m.

Mount Holly
Monday - Thursday 11:00 a.m. - 9:00 p.m.
Friday 11:00 a.m. - 10:00 p.m.
Saturday 12:00 p.m. - 10:00 p.m.
Sunday 12:00 p.m. - 9:00 p.m.

facebook.com/sakeexpress twitter.com/sakeexpress
www.thesakeexpress.com

Buy One
Get One
1/2 OFF
Any Entrée
of equal or lesser value up to \$9.00.
GASTON ALIVE!
One coupon per customer please. Cannot be combined with any other offer. Does not include combinations. Expires 12.15.17.

Buy One
Get One
1/2 OFF
Any Sushi
of equal or lesser value.
(Excludes Mount Holly)
GASTON ALIVE!
One coupon per customer please. Cannot be combined with any other offer. Expires 12.15.17.



Daniel Stowe Botanical Garden

A Garden for all Seasons!

Holidays AT THE GARDEN

NOVEMBER 17th TO DECEMBER 31st



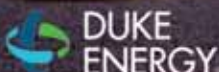
Bring your friends and family
together to celebrate the beauty
of the Holiday season!
The Garden glows with holiday
spirit from the twinkling trees to
the sparkling fountains and is
transformed into a natural winter
wonderland filled with unique
festive décor including a towering
tree of orchids, more than 600,000
lights, and illuminated displays.

Purchase Tickets in Advance at

www.DSBG.org

6500 South New Hope Road
Belmont, NC 28012 | 704-825-4490

PRESENTING SPONSORS



SUPPORTING SPONSOR



MEDIA SPONSOR



Happy Thanksgiving!

From Your Friends At

GASTON ALIVE MAGAZINE

HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS



featured this month

06

GASTON ARCHITECT FOR
THE AGES

10

JOURNEY TO BENEFIT
PARKINSON'S DISEASE

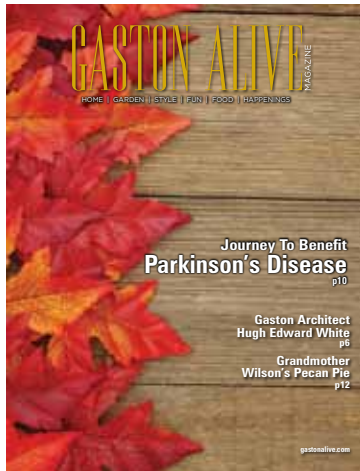
12

GRANDMOTHER WILSON'S
PECAN PIE



HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS

on the cover



This month's cover is autumn leaves on a barn board background. Cover graphic design by David James.

our staff

PUBLISHER

DAVID HAMRICK

CONTRIBUTING PHOTOGRAPHERS

RICK HAITHCOX

SALES

DAVID HAMRICK

DESIGN

DAVID JAMES

CONTRIBUTING WRITERS

BEN DUNGAN
DAVID HAMRICK

INTERN OPPORTUNITIES

PLEASE CONTACT US BY EMAIL AT
INFO@GASTONALIVE.COM

EVENTS

CONTACT US ABOUT PARTNERING WITH US FOR YOUR
EVENT AT DHAMRICK@GASTONALIVE.COM



To be part of our team, or to submit art, photo or story ideas, please email us at: info@gastonalive.com

128 Birchwood Court
Mt. Holly NC 28120
www.gastonalive.com
704.650.8330

Advertising Info: 704.650.8330
info@gastonalive.com

GA|11|17

www.gastonalive.com
www.facebook.com/GastonAlive



Gaston Alive Magazine is published monthly in the Gaston County, NC area by Art FX Media. All editorial contained within is the property of the publisher and cannot be reproduced in whole or in part without written permission. The publisher accepts no liability for the accuracy of statements made by the writers or advertisers. ©2017 Art FX Media.

Step Into Our Christmas House, With 13 Rooms Brimming With Holiday Trim And Gifts.



Blythe Gallery

Antiques, Fine Furnishings, Accessories and Gifts

117 N. Main Street • Belmont, NC 28012
704.825.8809 • Mon. - Sat. 10 a.m. - 5 p.m. or by appointment

20% OFF! ANY ONE ITEM!

One coupon per customer please. Cannot be combined with any other offer. Offer valid November 14th-30th 2017 only.

Kubota BX Series

America's #1 selling sub-compact tractor* among property owners, landscapers and gardeners.



- Powerful 3-cylinder, liquid-cooled Kubota diesel engine – 18-25.5 HP**
- Proven Kubota HST transmission
- Versatile Category I 3-point hitch
- Compatible with a wide range of versatile attachments
- Highly responsive hydrostatic power steering
- New Easy-Over mid-mount mower deck available in 54" or 60" widths***
- Rugged 4WD provides powerful traction for heavy-duty work

We are Kubota.



126 Bessie Drive • Kings Mountain, NC 28086
Toll Free: 888-428-7902 • Phone: 704-482-7061 • Fax: 704-739-3713

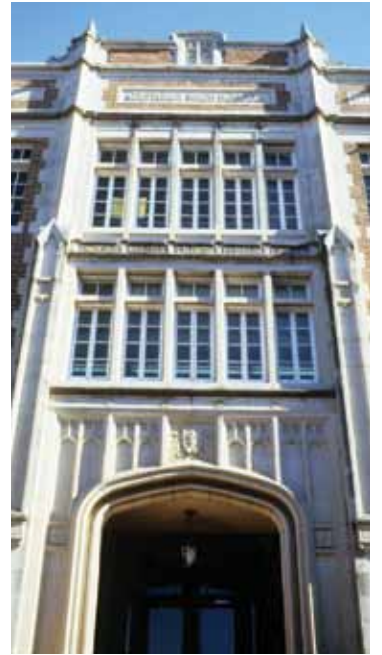


www.kubota.com
*AEMEDIA Industry Data, May 2014. **For complete warranty, safety and product information, consult your local Kubota dealer and the product operator's manual. Power (HP/KW) and other specifications are based on various standards or recommended practices. ***BX2370 and BX2670 only. Standard mid-mount mower available on BX1870 and BX2570 models. Optional equipment may be shown. © Kubota Tractor Corporation, 2014.



ONE MAN'S LEGACY

By David Hamrick



Most of us don't think a lot about leaving a legacy, if we think about it at all. But one former Gastonia resident continues to touch the lives of many Gaston County residents on a daily basis. Many of you have never heard of Hugh Edward White, even though you may pass, or even enter his work every day. Mr. White designed many of the most prominent buildings in Gaston County.

Hugh Edward White was born in 1869 in Fort Mill South Carolina. Unfortunately he and his two sisters became orphans when both of his parents passed away. He was raised by Miss Lizzie Culp, an aunt who came to live with them. His childhood ambition was to become a locomotive engineer. His early education was at Fort Mill Academy, and later a special correspondence course in architecture from a New York school.



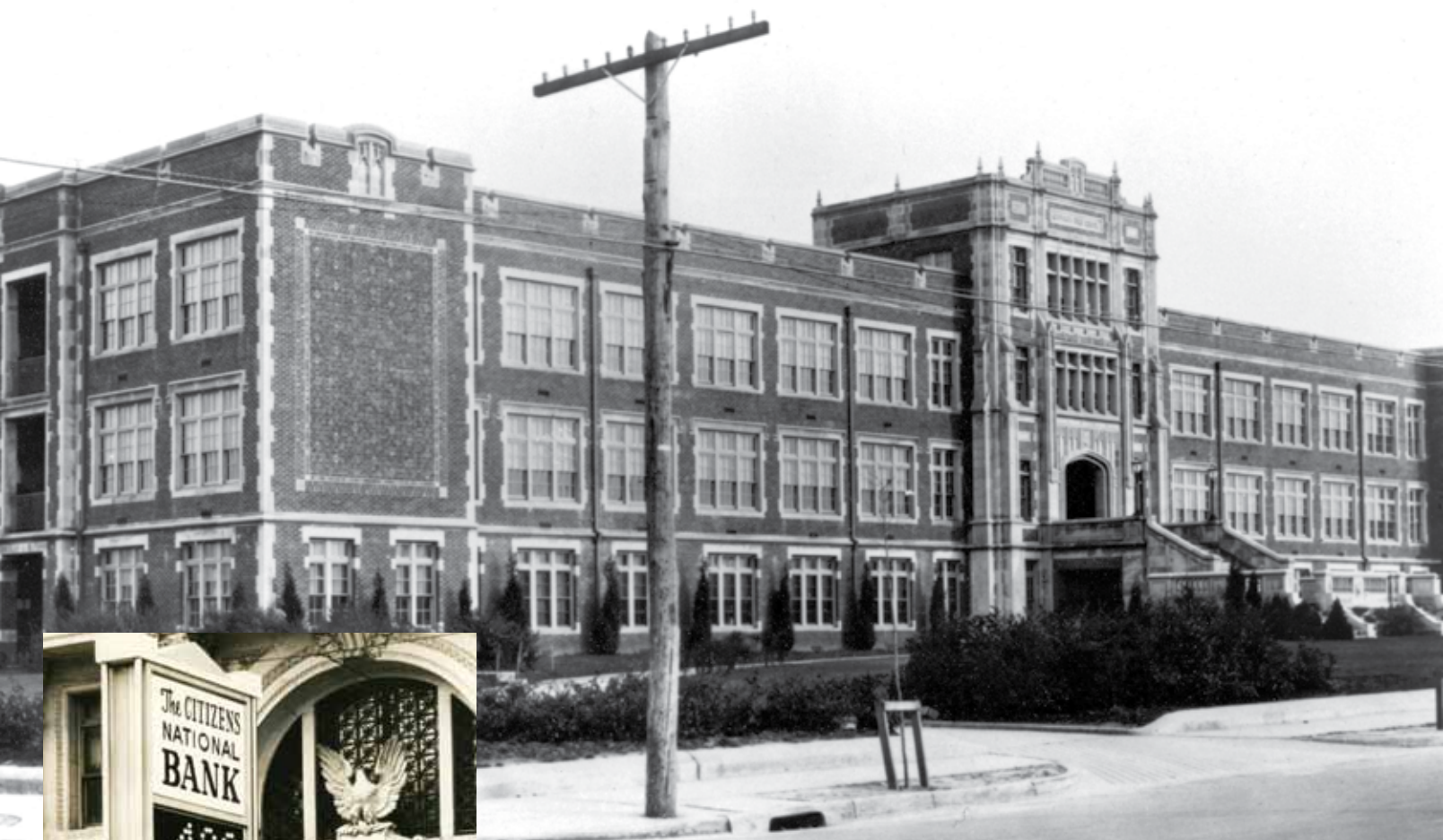
Later, in 1918, while working for the Charles Coker Wilson firm in Columbia South Carolina, Hugh Edward White was

sent to Gastonia to supervise the construction of the Joseph Separk mansion which still survives as a wedding venue on 2nd Street in Gastonia.



After stints as a working architect in Rock Hill, South Carolina, as an intern at an architectural firm in Atlanta, and the Office of Supervising Architect, Department of the Treasury, he arrived in Gastonia in 1921. Along with Charles J. Streeter and Carroll W. Chamberlain, they formed the firm of White, Streeter & Chamberlain.

The young firm quickly secured the commission to design and supervise construction of Gastonia High School (now Ashley Arms Apartments) which led to much more prestigious work that many Gastonia residents will recognize, such as the Samuel Pinckney Stowe house on South Central Avenue in Belmont. Curiously, the



Stowe house burned in 1924, and we rebuilt from the same plans. It was during this time that the Bank of Belmont (formerly a Wells Fargo branch) at 32 north Main Street in Belmont was designed.

The demise of the firm came in 1926 after the firm had spent considerable time and resources designing an Oasis Shrine Temple that was to be built at the intersection of Dilworth and Morehead Street in Charlotte. The project was never built, and it is unclear how much, if any compensation the firm received for their efforts. From 1927 until his death in 1939, Hugh Edward White continued his solo practice.

Charles Edward White has been gone for 78 years, but his architectural legacy lives on in the form of the many beautiful structures we still enjoy today.

A partial list of structures designed and/or built by Hugh Edward White, or White, Streeter & Chamberlain:

- ✦ Standard Hardware Building, Gastonia. Same block as Webb's Custom Kitchen.
- ✦ Gastonia High School (Now Ashley Arms Apartments)
- ✦ S.P Stowe House, Belmont (Now a wedding and event venue)
- ✦ Citizens National Bank building, Main Street Gastonia
- ✦ Bank of Belmont, former Wells Fargo location, Mains Street Belmont
- ✦ Webb Theater, now Webb Custom Kitchen, Gastonia
- ✦ Cramerton Gymnasium, Cramerton.
- ✦ American Yarn & Processing, Mt. Holly (Now occupied by the Mount Holly Historical Society)

*Black & White photos courtesy of Milican Pictorial History Museum in Belmont
www.milicanpictorialhistorymuseum.com*





BUDDY HARPER
team realty

Helping You Make The Right Move!

704-879-7155 • 5130 Wilkinson Blvd, Gastonia, NC 28056

www.buddyharper.com



Buddy Harper
704-747-4016
NC/SC LIC

Tonya
Freeman
704-467-0828

James
Freeman
704-718-7967

Christyn Denton
704-363-9083
NC/SC LIC

Cindy Rankin
704-460-1521
NC/SC LIC

Angelia
Matthews
704-460-4083

Kristen Jones
704-906-2647
Se Habla Español

Sarah
Jimison
704-678-9657

Jill
Bennett
980-295-9076

Charlie Gonzalez
980-251-1215
Se Habla Español

Sarah
Cerilli
724-777-8660

Leigh Ann
Calvert
704-813-2772

Stacey
Moore
704-775-2988

Our lavish
selection of
window treatments
includes shutters,
blinds, draperies,
and shades.

Get your home
**READY FOR
THE HOLIDAYS**



**Budget
Blinds®**

a style for every point of view®

704-864-8778 • www.budgetblinds.com/southgastonia

New showroom opening November 1.

3826 S. New Hope Road • Suite 10 • Gastonia, NC 28056

©2017 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts Brand. Each franchise independently owned and operated.

Special Christmas Gift Certificate Package!

**SINGLE
LESSON GIFT
CERTIFICATES
AVAILABLE!**

10 Lesson Package!

\$395*

A \$450 Value

***Must Present Ad For This Offer!**

***New Customers Only, Must Be Purchased
By 12/31/17. Call For Details**

**Call Carolyn's Cell
803-818-0312**



jonwalkerstables.org



[facebook.com/Jon Walker Stables and Riding Academy Inc.](https://facebook.com/Jon-Walker-Stables-and-Riding-Academy-Inc)

4933 Granny Trail, Gastonia, NC 28056 • 704-864-6529

The
Teacher
And
Parents
Too!
Box



Shop Where Santa Does!



At your locally owned toy and gift shop • Quality toys and long lasting play value • We have gifts and toys for all ages!



**20% OFF
FOR ONE ITEM**

Some exclusions apply.

704-868-8269 • 730 Union Road • Gastonia • M-F 10:00-5:30 • Sat. 10:00-2:00

JOURNEY FOR PARKINSON'S



BY BEN DUNGAN

He used to patrol the streets. Now he's walking them.

Tommy Dellinger, a Gastonia resident, served in law enforcement for over 21 years before having to retire due to Parkinson's disease in 2013. Sixteen of those years he proudly served as a State Trooper in the North Carolina Highway Patrol.

But now he's walking. One step at a time - across the country.

First it was billed as a hike. Then it became a trek. Many would call it an adventure. Tommy calls it a journey.

The word "journey" fits. Because that's what he's been on - long before the "walking across the country" portion of the journey began.

Tommy was diagnosed with Parkinson's disease in 2008 at the age of 40. However, in the case of most Parkinson's patients, the symptoms had been prevalent five years earlier.

However, the time finally came where the Parkinson's disease had progressed enough to where he couldn't do his job anymore to the level he needed to.

That's a tough pill to swallow for anyone. But even Tommy knew it, and couldn't fight it anymore. So in 2013, he turned in his gun, his badge and his keys.

Sixteen years as a highway patrolman and all he had to show for his work were the 16 license plates that he still hangs proudly on the wall at home today.

However, when illness of any kind forces you to stop doing what you love, depression seems inevitable. After all, many of us define ourselves by our jobs.

Until we can't anymore.

Research shows that engaging in a regular exercise program can really improve some of the symptoms of Parkinson's disease. So earlier this year, Tommy decided to take the Parkinson's unofficial slogan to heart - he would "just keep moving" - only this time, across America.

Thanks to the Deep Brain Stimulation surgery he underwent earlier this year, he has given a new lease on life.





Pictured with Tommy is his brother Mike Dellinger.

After all, he could still walk. So why not? So many Parkinson's patients can't even do that. Tommy decided he would walk and spread awareness to his personal journey and the journeys of so many others afflicted with this debilitating disease.



After discussing the plan with his doctors, family and others who have embarked on similar walks, he flew to California to give it a go.

His doctor gave him one important piece of advice - "listen to your body".

Tommy's been in constant communication with his body throughout this journey. He does what he can each day. Some days he gets all his steps in, and other days he may call one of his fellow officers for a ride into the next town.

After all, it's not about the steps - it's about the message.

One of the big symptoms associated with Parkinson's is rigidity - or muscle stiffness. Tommy experiences this at times on the right side of his body. Once he's moving, he's fine. But if he stops and relaxes for longer than 30 minutes, his muscles will tighten up.

Some days, he may even rest and not walk at all.

That's the thing about a journey - it's never easy but you always learn a few things along the way. Tommy's no different.

Hard days are ahead. Even he knows that. But he's learned so many things along the way in this journey.

One thing he was surprised to learn was much how much he'd miss his family. Walking by yourself, alone with your thoughts day after day can be tough. It has helped him really appreciate what an important role his family has played and continues to play on this journey. But more than anything, he's realized he's a little tougher than he thought he was - something that will help him push through

on the hard days that have yet to come.

However, this journey is bigger than him. It's about finding a cure for what an estimated 7 to 10 million worldwide are suffering from each day.

Tommy continues to keep moving. One step at a time. One conversation at a time.

But when he arrives back home next year, his journey won't be measured in steps taken or miles traveled. It will be measured in the number of people he touches along the way.

Follow and support Tommy Dellinger on his journey across the country by visiting our website at gastonalive.com/tommysjourney.



GRANDMOTHER WILSON'S PECAN PIE



PECAN PIE

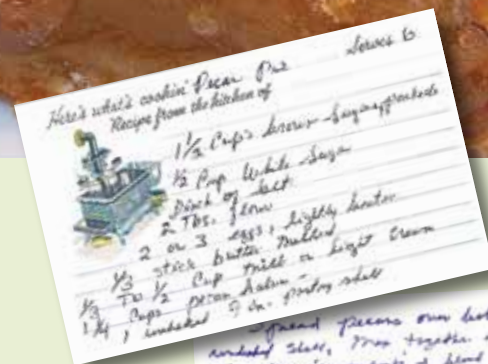
Some of our favorite recipes are favorites because they taste great, or because they are easy, and sometime because of where they come from. This month's recipe is all three, and it came from my grandmother Wilson. While she was still living at home with my grandfather, before Alzheimer's and everything that came later, she wrote down her pecan pie recipe by hand in fountain pen on a recipe card... and I still have it. When people tell me that they don't like pecan pie, I always tell them it's because they never had "real" homemade pecan pie. See what you think:

Serves 6

Preparation:

Spread pecans over bottom of unbaked shell. Mix together all of the other ingredients and blend well, but do not over mix. Pour mixed ingredients into unbaked shell over pecans. Bake 30-40 minutes or until pie is browned and set. Heat from pie will cause to become firm after removing from oven.

Serve and enjoy!



INGREDIENTS:

- 1 1/2 Cups brown sugar, packed
- 1/2 Cup white sugar
- Pinch of salt
- 2 Tbs flour
- 2 or 3 eggs, lightly beaten
- 1/3 stick butter, melted
- 1/3 to 1/2 Cup whole milk or light cream
- 1 1/4 cup pecan halves
- 1 unbaked 9 inch pastry shell

GET POWDER ROOM FREE!!!

residential & commercial
interior & exterior
wood staining
pressure washing
wall paper removal
painting consultation including color and paint
selection
epoxy and much more

ACROPOLIS PAINTING

704-917-9045

background checked
bonded & insured

www.acropolispainting.com

\$50 OFF
DEEP CLEANING ONLY

www.ORGANICCLEANINGCHARLOTTE.COM

ORGANIC
CLEANING SERVICE

704-813-1699

BRING NATURE INSIDE YOUR HOME!
NEUTRAL - BREEZES - MENTHOL - EUCALYPTUS - CITRUS CLEANING

At Organic Cleaning Services, we only use natural products and 100% therapeutic grade essential oils meant to clean and nourish your home or office, both physically and emotionally.

BONDED, INSURED AND BACKGROUND CHECKED

Stricker Law Firm, PLLC

Stricker | Brandt | Simonds, Jr.

PROBATE ~ WILLS & TRUSTS ~ REAL ESTATE



704.829.8034
STRICKERLAW.COM

112 KENWOOD STREET | BELMONT NC 28012

Attorney Andrew Brandt

Black Friday Only!
Fill-A-Bag
Save on Everything You Can Fit in Our Shopping Bag*


Wild Birds Unlimited®
Nature Shop



30% OFF
FRIDAY AFTER THANKSGIVING
NOVEMBER 24TH OPENING AT 9AM*

(Valid only at Wild Birds Unlimited 3916 East Franklin Blvd.)
*Some exclusions apply. One bag per person. Cannot be combined with any other offer. Offer not valid on previous purchases, gift cards, optics, DSC memberships or sale items. Items must fit fully inside our designated WBU shopping bag and may not extend beyond the bag handles. Offer expires 11/24/2017.

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

3916 East Franklin Blvd. (Across from Ashley Furniture)
704-823-1988 • www.gastonia.wbu.com

Gaston County's School Band Headquarters!

- Gastonia's Premier Music Store!
- Band Director Approved Brands
- Rent To Own Programs Available
- Best Selection Of Quality Instruments
- Complete Instrument Maintenance & Repair



Your Band Instrument Headquarters Since 1968!

THE MUSIC CENTER

940 E. Franklin Blvd. • Gastonia 704-861-1037

Side Effects Of Attending Genuine Counseling!

- Happiness
- Improved Communication
- Reduced Stress
- Healthier & More Positive Thinking
- Better Relationships With Others

Proudly Welcoming New Students, Adults & Couples In Search Of Excellence!



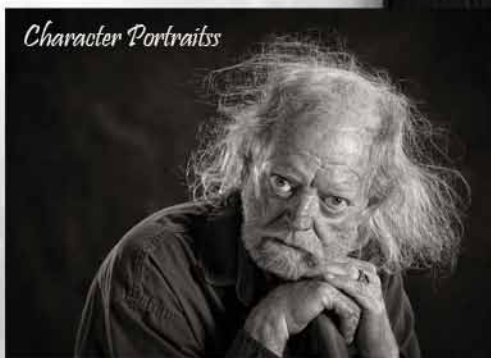
Call For a Free Consultation!
704-674-7290

www.gastoniacounseling.com | 332 South York Street, Gastonia

Children



Character Portraits



About Our Studio

Haithcox Photography offers award winning on-location and in-studio services. Our state-of-the-art, 3600 square foot facility, is professionally designed to accommodate large equipment and specialized backdrops for the most inspiring images.

Just off I-85, we are conveniently located 20 minutes southwest of Charlotte, NC

Haithcox Photography
109 South Holland Street
Dallas, North Carolina
704.922.7696
wrhphoto@aol.com

www.rickhaithcox.com

Award Winning Photography

Rick Haithcox is a Master Photographer and a North Carolina Photographer of the year. Talent, experience, enthusiasm, special techniques and visual concepts are all part of the approach that goes into each Haithcox photo assignment. Rick pays meticulous attention to detail to ensure proper lighting, subject positioning and he applies state-of-the-art technology photo editing to each work.

Newborn



HAITHCOX PHOTOGRAPHY

\$2 OFF

Any Purchase Of \$20 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161
With This Coupon. Cannot Be Combined With
Any Other Offer. Offer Expires 12/15/2017.

\$5 OFF

Any Purchase Of \$50 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161
With This Coupon. Cannot Be Combined With
Any Other Offer. Offer Expires 12/15/2017.

\$10 OFF

Any Purchase Of \$100 Or More


Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161
With This Coupon. Cannot Be Combined With
Any Other Offer. Offer Expires 12/15/2017.



Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803.831.8161

BP Gas Station  Lake Wylie Discount Liquors	Auto Zone <input type="checkbox"/>	Food Lion <input type="checkbox"/>
HWY 49 <input type="checkbox"/>	Publix <input type="checkbox"/>	Wal-Mart <input type="checkbox"/>

Please Drink Responsibly

LAKE WYLIE
THE No. 1
STORE
Liquors

SVEDKA
IMPORTED VODKA



Gift Certificates Make Great Holiday Gifts!

ASK ABOUT OUR HOLIDAY
GIFT PACKAGES
1,3 & 10 LESSON PACKAGES AVAILABLE

ASK ABOUT PACKAGE DISCOUNTS!

Call for prices and additional information!
Multiple children discounts and referral discounts!



Find us on Facebook. Creekwood Riding Academy

5201 CR Wood Rd • Gastonia • 704-914-7471

Ask Us About Catering Your Next Event!

Akropolis

Greek Cafe



Hours
Mon.-Thur.: 11a-3p, 5p-9p
Fri.: 11a-3p, 5p-10p
Sat.: 11a-10p
Sun.: 12p-3p, 5p-8p

704-868-3636 • 3070 East Franklin • Gastonia (Next To La Fuente)

\$5.00 OFF!

ANY PURCHASE OF \$25.00 OR MORE

One coupon per customer please. Cannot be combined with any other offer. Expires 12.15.17

BUY ONE ENTRÉE GET ONE 1/2 OFF!*

*WITH PURCHASE OF 2 BEVERAGES, 2ND ENTRÉE MUST BE OF EQUAL OR LESSER VALUE

One coupon per customer please. Cannot be combined with any other offer. Expires 12.15.17

LA FUENTE

Mexican Grill



Owner Ben Dorantes
and Staff



ASK US ABOUT
CATERING YOUR
NEXT EVENT!

Hours
Mon.-Thur.: 11a-10p
Fri.-Sat.: 11a-10:30p
Sun.: 11a-9p

704-866-7744

3070 East Franklin • Suite #2 • Gastonia
(Right Below Best Buy)

BUY ONE ENTRÉE GET ONE 1/2 OFF!*

*WITH PURCHASE OF 2 BEVERAGES, 2ND ENTRÉE MUST BE OF EQUAL OR LESSER VALUE

One coupon per customer please. Cannot be combined with any other offer. Expires 12.15.17

\$5.00 OFF!

ANY PURCHASE OF \$25.00 OR MORE

One coupon per customer please. Cannot be combined with any other offer. Expires 12.15.17



GA|11|17

gastonalive.com

Presorted
Standard
U.S. Postage
PAID
Greenville, SC
Permit # 1431



BELMONT CAPITAL
ADVISORS, INC.

Retire(meant)TM for living

2017 BEST OF GASTON

"INVESTMENT FIRM" AWARD



The "Retire(meant)TM for Living" Radio Hour



Joseph Roop,
Founder & Chief
Investment Strategist

From Founder & Chief Investment Officer JoePat Roop:

We do things differently here at **Belmont Capital Advisors**, and it all stems from our belief that every retiree deserves a retirement that's filled with health, wealth, and happiness.

In an effort to help as many people as possible achieve this reality, we're happy to announce our new weekly radio show, **"A Retire(meant)TM for Living."** The program is dedicated to helping hardworking citizens in our area -- and beyond -- build comfortable retirements and lasting family legacies.

We hope you'll join us!

CALL US TODAY TO SCHEDULE A COMPLIMENTARY, NO-OBLIGATION
CONSULTATION: **704.825.1560** www.belmont-capital.com

Tune In:
WBT 1110 AM and 99.3 FM
Saturdays 1-2 PM
You can also listen online at
www.belmont-capital.com/radio

The Kalos Disclaimer: Securities offered through Kalos Capital, Inc. member FINRA and SIPC and investment advisory services offered through Kalos Management, Inc. both located at 11525 Park Woods Circle, Alpharetta, GA 30005 (678)-356-1100. Belmont Capital Advisors, Inc. is neither an affiliate or a subsidiary of either Kalos Capital Inc. or Kalos Management, Inc. Kalos Capital, Inc. does not provide tax or legal advice. The opinions and views expressed here are for informational purposes only. Please consult with your tax and/or legal advisor for such guidance.