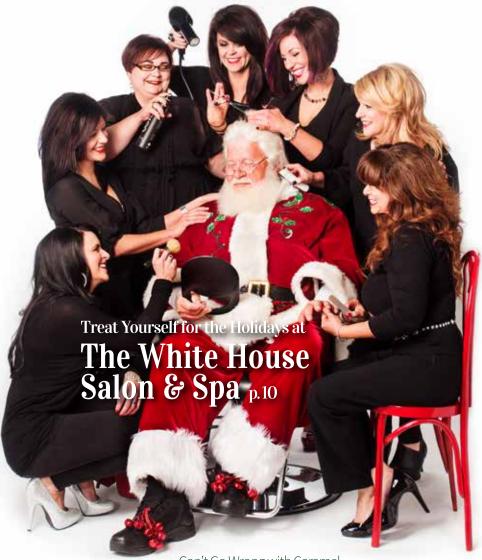
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about the cover



This month's cover was shot in studio with the staff of The White House Salon & Spa. See related article on page 10. Cover photo by Dodie Huffman and Josh Gaddis of Image Gallery. For more information visit igstudio.biz. Cover graphic design by Kristi Johnston.

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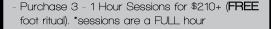


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December is here and it brings about the holidays and the close of another year. Where does the time go? Summer passed, fall blew in, and now old man winter is knocking at our door. Traffic will soon become horrendous as we pass by the stores that display Halloween, Thanksgiving and Christmas decorations at the same time. Suddenly we are reminded that we live life by a hurry-up-to-wait status.

This year has been a busy one for me. December marks my one year anniversary as the owner/publisher of this wonderful little magazine that we all know and love.

I would like to take this opportunity to say thank you for all of your support over this past year. Thank you to my wonderful, dedicated staff of talented people who continue to produce a more engaged magazine month after month.

Thank you to our advertisers. Without these great people and their loyalty to helping small businesses like myself, we would be unable to continue providing you with great articles and information. We love hearing the stories of success from our advertisers. Next year, with new innovative launches through integrated testimonials, we plan to make them even more reputable.

Most importantly, thank you to our readers for your support. Uplifting and amazing are just two of the positive adjectives I could use to describe the response and compliments we constantly receive from our readers. After each issue goes out, I am literally stopped on the street and given compliments regarding the magazine. In support of our staff, advertisers, and readers, I ask that you challenge any business you know to contact us about advertising, because it has been shown that everyone truly loves our little magazine.

It has been a fantastic 2014 and I have enjoyed getting to know so much more about the wonderful people working in our surrounding towns. Most of my business is small, local business and I hope that you will continue to support me by supporting them.

In just this short year, we have grown and molded together a fantastic team to carry us into 2015. I am humbled, thankful, and, on some days, stressed about all of our accomplishments! Only because I am so passionate about this business and about our magazine.

As we end this year and brace for the coming of 2015, I want to sincerely thank you for an amazing 2014. I appreciate everyone who made my first year as the publisher one to cherish.

Merry Christmas to all (and yes, this girl still says Merry Christmas)!

Have a wonderful holiday with those who make your life sparkle.

Until next time... Count your blessings and never lose your sparkle.

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Pam L. Goode



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Upscale Salon Services in a Small Town Boutique

The White House Salon & Spa

By Pam L. Goode

In October 2010, two friends partnered to fulfill their lifelong dream of having their own salon, and opened The White House Salon & Spa. AMBER PATTERSON, an aesthetician, and KIM BRADLEY, a hair designer, opened the salon with the hopes of giving their clients a true professional service with a touch of class and elegance in a relaxing atmosphere, which would keep customers coming back for more.



attorney in 1928, which sits directly beside the old jail. The house still maintains much of the original architecture and flooring throughout. This upscale, full-service salon is staffed with an expert staff of four hair designers, a nail tech, an aesthetician, and a massage therapist, who are always evolving by learning the latest techniques, styles, and trends.

Hair Designers KIM BRADLEY, AMY WATKINS, ERIN MACINTOSH, AND LAURA HAMRICK offer the latest style trends in cuts, specialized foiling and coloring techniques, and a range of multiple types of hair extensions. These girls are also capable of some of the best blow-out styles in the county! Master Certified Nail Technician, DARLENE WARDRIP can top off your look with a relaxing manicure, pedicure, gel polish, or a set of acrylic or gel nails. The spa area features a very soothing and calm atmosphere where you can relax and enjoy a Swedish, Deep Tissue, or a Hot Stone Massage by Licensed Massage Therapist, KENDRA PRESNELL. Also in the spa area, Aesthetician AMBER PATTERSON can give a healthy glow to your skin with customized facials, microdermabrasion, chemical peels, and waxing. Amber also offers ear candling and the latest in airbrush makeup.

The staff at The White House Salon & Spa boasts quality professionals with many years of experience and training. **With over 50 years of experience** between the four hair designers, they have stayed on the cutting edge and continued to educate from training from hair gurus at Toni & Guy (Dallas, TX), Rusk (Raleigh, NC) and Redken (New York) as



well as staff their very own former Pravana Educator. Nail Tech, Darlene, has been a master certificate holder with Creative Nail Designs for 23 years. Aesthetician, Amber, is certified in Glo Minerals makeup and skin care as well as in Pervonia Skin Care.

The White House Salon & Spa also offers a variety of hair care products in a wide price range to accommodate all hair types and all budgets. The newest product line available is VERB. Every VERB product retails for only \$14 and is free of sulfates, gluten, and parabens. They also retail timeless

products such as REDKEN, which are tried and true and have stood strong in the beauty industry for many years. The new PRAVANA NEVO line which is 100% vegan, 100% gluten free and packaged in 100% biodegradable bottles is now available, as well as SURFACE, a certified all-organic hair care line that is completely vegan and 100% residue free. The spa area also retails the Glo Minerals make up and Glo Therapeutics Skin Care lines, which are both made with the safest premium-grade ingredients and superior pharmaceutical-grade vitamins and minerals.

The staff at The White House Salon & Spa is small in numbers, but big in heart, fun, and service. They are often giving back to their community with fundraising events, local food drives, and donations to the animal shelter by offering discounts on services when clients participate in the events. They have a familial love for one another which they share with each client that comes in the door. The staff's main focus is always the clients and making sure they feel comfortable, appreciated, and welcome. They truly enjoy making clients feel beautiful and refreshed. This upscale salon is elegantly decorated with a quiet "less noise, less show" feel. When you visit The White House you can expect a customized service to fit your needs. It is a place where you can come and relax for a pampering retreat and leave feeling beautiful inside and out.



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Caramel Dipped Grapes

Ingredients:

1 package of grapes

1 container of soft dipping caramel

(usually found by the apples)

1 container of peanuts

Toothpicks

*Amount of ingredients depends on party size. Rule of thumb would be around 6 per person.

Directions:

Wash the grapes and set aside on a paper towel. They will need to be dry before dipping into caramel.

Crush peanuts and set aside.

Dip one grape into the caramel and roll in crushed peanuts.

Place the grape on the plate and place a toothpick through the top!



**You could also use a melon ball scooper for mini apple scoops. Follow the same directions with the same ingredients.







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There's a new bakery in town, and you'll want to make sure you don't miss out! See Jane Bake's delicious desserts have been sold at businesses such as Provisions in Belmont and Simonetti's Pizza. However, thanks to such positive response and high demand, customers can now visit the bakery itself, as Owner Emily Divers opened her own location in McAdenville this past October.

did you know!

Emily began baking with her mother, Jani, at a young age and has grown to love it over the years. She graduated from Atlanta's Le Cordon Bleu culinary school in 2011, where she gained more knowledge of specializing in wedding cake design, pastries, and sugar sculpting. The bakery's offerings include, but are not limited to, muffins, fresh bread, cheesecakes, brownies, tarts and éclairs. Speaking of éclairs, Emily's are like none you have ever seen



before. Instead of the typical long shape, they are round, and in addition to the regular crème filling, she offers varieties such as caramel and coconut crèmes, as well as

seasonal flavors. If you're hosting a holiday party or dinner and would like to know the desserts are handled, or if you're just in the mood for something sweet amidst this chilly season, look no further than See Jane Bake

While Emily is the expert on all things dessert, Jani heads the marketing efforts for the business and is constantly promoting the bakery for future opportunities. This motherdaughter duo has mastered the art of successful business ownership, and we're sure they'll continue to shine in our community, while bringing joy through marvelous desserts. Stop in and experience the goodness for yourself!



See Jane Bake

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Do you have something new in the community you want everyone to know? Send your article to info@gastonalive.com, and you may be chosen to be featured in an issue of Gaston Alive!

Ask Tammy... SOLVIG YOUR DECORATION By Tammy Taylor

"Raindrops on roses and whiskers on kittens
Bright copper kettles and warm woolen mittens
Brown paper packages tied up with strings
These are a few of my favorite things"

What better song for Christmas? It's one we all know and enjoy when we begin hearing it on the radio (in September)! Since it's the holiday season, I wanted to share a few of my favorite decorating ideas with you. I hope that you will be able to use some of these ideas as you transform your home for the season.

Merry Christmas!!



Your tree...the focal point of it all! The tree on the top right is a tree I did for a client last year. I love the use of the burlap and brick red. The tree on the left is a tree I just finished this year. I love using lime green, red and white. Whimsical decorations are some of my favorites!

On to your mantel. If you have one, it can be just as important as the tree. I have chosen to share two different styles. Mantel Image 1 is a style that is very popular right now – rustic or lodge chic. Mantel image 2 just makes me smile. Again, those bright colors and the use of different patterns are so eye-catching.





Do you have a staircase? Want something a little different? I think the use of family photos is so clever. What better way to celebrate Christmas through your décor than



with family photos? Speaking of different... I have never seen a stairway decorated like the one in Image 2 (left). I think this is a great way to use greenery and it's simple and ele

greenery and it's simple and elegant. It's also much easier than the

alternative of draping garland.

Your dining table – the gathering place for that fabulous dinner you will be preparing. I wanted to share this table that I created for the Southern Christmas Show several years ago. Yes, there it is again – lime green, red and white – and even a little touch of black. I love the use of polka dots too! The centerpiece was made using three candle holders and colored Styrofoam balls. The use of the small candy canes was an inexpensive and simple way to add that little bit of something special.



The outside decoration is just as important as the inside for a lot of folks, and the front door is often the highlight.

Although I do love the fun colors of the wreath in Image 1, I like the wreath used in Image 2 even more. I love using anything that is a little different and this one fits the bill. Just remember to carry your theme inside and out.



Lastly, let's give the postman something prettier than usual for our mail delivery.

Since I mentioned the importance of carrying your theme throughout all of your decorating, inside and out, I wanted to include two ways to adorn your mailbox which will complement the wreaths shown above. To continue the whimsical theme, the use of different ribbon patterns and decorative mesh give you that fun, merry look. Alternatively, the use of



greenery, berries and plaid in the second image gives you a more traditional look, which I think is so tasteful and timeless.

Take a deep breath...

it will all get accomplished!

Above all else, enjoy this wonderful season... and don't forget the reason!



Tammy Taylor Interiors is located at 101 Center Street in Cramerton. Please call 704-908-3740 or email tammytaylor1@gmail.com. Services also available through Next Generation Interiors. Cramerton.

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Publisher's PICK By Pam L. Goode

Hearing the whistle blow at the end of the last club game my daughter Reaganne will ever play set an emotional yet reflective moment for me as a parent.

I think it is safe to say that sports play a big part in our lives. At a given time I had two kids playing five sports all in this fall season. Up until this year when my youngest gave up school soccer and travel soccer to focus solely on golf, it would be fair to suggest that soccer completely took over our family life and I loved every moment of the schedule juggling. I was a self-proclaimed "soccer mom" and never felt the sport got the respect it deserves.

Being a part of these teams is undoubtedly a commitment. It's not just our time that we faithfully contributed, but we also endured financial, emotional and physical tolls, so it wouldn't be unreasonable to ask why on earth did we do it.

The amount of money we spent on club fees, uniforms, equipment costs – to say nothing of hotels when they travel –and eating out three times a day for



the tournament weekend is insane. It would be cheaper not to put them in soccer, pay their college tuition in full without so much as a thought about possible scholarships, and have our lives back completely in the meantime.

But it's not about the scholarships in the end. It's not because we think our kids will play college soccer or represent USA in the Olympic Games, although believe me we witness parents who behave like they do on a regular basis. For us it's to provide our kids with another dimension of education.

Teaching children about team involvement is surely one of the most important things we can offer as parents. Whether it's through the music with the youth choir, acting with the school drama club, ballet at a local dance studio or primarily soccer as we have chosen with our children, learning to work hard and be a positive and contributory part of a team is a tool that can only enhance the development of our children in every single aspect of their lives.

After all, the world is not about singular people. The world is a community and even though it doesn't always seem like there is much that the world can all come together for, team involvement – sport in this instance – is something that bonds people, excites groups and unites communities and countries alike.



Take the 2014 World Cup for example. There aren't many sports in which America puts together a team that represents the nation as a whole (Olympics aside) and the ability to witness the fastest growing youth sport in the country be able to draw such amazing crowds has been nothing short of a miracle in the eyes of soccer families.

The thrill of team spirit, learning to celebrate together, having to work through disappointments as a group – both emotionally and physically – and above all believing that with

your team (school and club) anything is possible are all attributes that we want our children to experience and to be able to use in their futures. We have dealt with wins and losses, but always embraced valuable lessons along the way.

Despite the crazy schedule we dealt with, our choices are with purpose, they are for good reason and they are all geared towards guiding and raising happy, hardworking, well-rounded and positive children who in time we hope will be assets to their own communities and will be able to use their own experiences of being part of a team to continue to educate and inspire the next generation after them.



This time has gone so fast and we have endured a variety of sports, teams, coaches and leagues. We made lifelong friendships through sports. In this Publisher's Pick I would like to recognize Gaston United Soccer Club, Tatum Bourque and the game of soccer. As Reaganne puts her cleats away and moves on into the next phase of



her life, she takes with her the proud moments of wearing GUSC blue her entire club soccer career and the wisdom and professionalism of her leader and coach, Tatum Bourque. He taught these young ladies so much more than soccer and they will carry these lessons throughout their entire lives. He led by example and could silence his sideline parents at the mere words "my parents" during the many times we disagreed with a referee's call. He showed the girls how to respect authority and that life is not always

fair. Tatum sacrificed time with his own beautiful family to show his commitment to this club and his team, which he saw through an undefeated season. His dedication and love for this game is infectious. As that last whistle was blown I was proud to still wear that GUSC blue, and know that lifetime friendships were made and lessons learned which we'll carry through all of our lives.

Remember that winning is not always determined by the score. Sometimes it takes a loss to build a champion.



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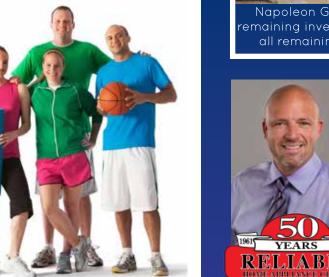
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