

# Gaston *Alive!*

Home • Garden • Style • Fun • Food • Happenings

A man and a woman are smiling and standing together outdoors. The man is wearing a blue polo shirt and light-colored pants. The woman is wearing a black sleeveless top and has her arm around his waist. They are both looking at the camera.

## The Talented Folks At **Talley Properties**

p10

Grilled Blackened Chicken with  
Peach and Melon Salsa p18

Meet Stepside Deluxe p20

Caromont Health Honors  
Scholarship Recipients p22



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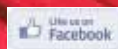
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# about the cover



This month's cover was shot on the roof the historic Frederick Building on Church Street in uptown Charlotte. The Frederick Building was the residence of W.J. Cash, author of the seminal work "The Mind Of The South" in the late 1930's. Pictured are Tony and Cathy Moore, owners of Talley Properties. Talley Properties is a premiere property management company in Gaston and Mecklenburg counties. See related story page 10. Cover photo by Rick Haithcox, cover graphic design by David James.



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## our staff

**PUBLISHER**  
DAVID HAMRICK

**CONTRIBUTING PHOTOGRAPHERS**  
RICK HAITHCOX PHOTOGRAPHY  
DAVID HAMRICK  
ERIC GARNER

**SALES**  
DAVID HAMRICK  
ERIC GARNER

**DESIGN**  
DAVID JAMES

**CONTRIBUTING WRITERS**  
BEN DUNGAN  
GLENN SAWYER  
GLENN STRYKER  
DAVID HAMRICK

**PROJECT MANAGER**  
SUSAN LAMBERT

**FINANCE**  
LINDA HAMRICK

10



10

TALENTED FOLKS AT  
TALLEY PROPERTIES

20



20

GUITARS, CADILLACS,  
AND HILLBILLY MUSIC

18



18

GRILLED BLACKENED  
CHICKEN WITH PEACH  
AND MELON SALSA

22

CAROMONT HEALTH  
HONORS SCHOLARSHIP  
RECIPIENTS



22



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# Property Owner Or Looking To Rent?

## Meet The Nice Folks At

# Talley Properties

*By David Hamrick*



*Cathy and Tony Moore*

GA! recently spent some time with Tony and Cathy Moore at their great new offices and also toured some gorgeous historic properties that they manage for clients.

**GA!: In the South we always have to start with where you're from and who you are related to...**

**Tony:** Cathy grew up near Baltimore, Maryland and has over 19 years of accounting experience. I grew up in Lincolnton NC and Graduated from the University of North Carolina at Wilmington in 1994 with a BS in Business Management.

Cathy and I met my first day out of college at a Gastonia company I was coming to work for. She was visiting at a seminar with the company she worked for and the rest is history. We have been married for 17 years and have 2 daughters, Melissa and Makenzie and have lived in Gaston County for over 14 years.

**GA!: For those of us in the dark- can you explain simply what you do at Talley Properties?**

**Cathy:** We manage all types of rental properties...everything from single family homes, condos, townhomes, apartment buildings and commercial properties in Gastonia and the surrounding counties.

**GA!: Who uses your services?**

**Tony:** We have clients all over the world that own property in this area. Some are investors who have bought homes in this area and some are people who have had to move and did not want to or could not sell their home.



## GA!: What services does Talley Properties provide?

**Tony:** Talley really handles everything that happens with the property but there are several core components that we feel are the most important. Accounting and reporting is really at the heart of our service. Full accounting for income and expenses and detailed reporting to our owners is critical.

The other key part is all of protecting the owner's interests in a property. That entails knowing all of the details of the different properties, all the applicable laws, and making sure the maintenance and all the issues are taken care of.

## GA!: Why would I pay to have my property managed?

**Tony:** Because the benefits of professional management relieve you of the headaches you can experience....such as placing qualified tenants, evicting tenants, and repairs....at all hours of the day or night, weekends and holidays.



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## GA!: So if I'm an investor that has 20 properties or an apartment building, can you help me?

**Cathy:** Talley has experience managing everything from apartment buildings, single family homes, commercial properties, to office buildings. If you own property and want to lease it but don't want the headache of managing it, we have the experience to take care of all the details.



New Offices Of Talley Properties

with rentals most of my life. Cathy and I owned rental property through the late 90s and early 2000s but sold it off when we came to Talley.

## GA!: What if I am being transferred and can't sell my house; can you help me rent it?

**Tony:** Yes. A large part of our business is helping folks that have to move and do not want to or are having trouble selling their home.

## GA!: How did you guys get into the property management business?

**Tony:** I grew up in a family that owned rental property and have worked

## GA! What if I need a place to rent in the Belmont, Cramerton or Gastonia areas?

**Cathy:** They can always check the website at [TalleyProperties.com](http://TalleyProperties.com) or call us at 704-332-2206.

## GA! What is the funniest or most unusual thing that has happened to you in your business?

**Tony:** There is rarely a dull moment in property management. We have managed properties through fires, floods, storm damage, cars running into houses, bugs, snakes, skunks...and even reports of ghosts. Pretty much anything you can imagine that can come up, through the years and we have seen it...and many times at 2 or 3 O'clock in the morning.

## GA! If you couldn't be in the business you are in, what would be your "other" dream career?

**Cathy:** I would like to be a guide at Disney World.

**Tony:** I have always been fascinated by architecture, and would like to be an architect. I especially love the old buildings, the facades, the craftsmanship, the attention to detail that went into their construction.



### Talley Properties

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# COOKING WITH THE GLENN'S





## *Grilled Blackened Chicken with Peach and Melon Salsa*

It is summer time, which is the perfect time for the grill, fresh fruit and vegetables. Here is an easy, light and tasty summer time meal.

*4 boneless, skinless chicken breasts  
4 teaspoons Blackening seasoning  
1 cup pre-cut melon of your choice, diced  
4 peaches, skinned and diced  
1 tablespoon freshly chopped cilantro leaves  
1 tablespoon lime juice  
1/2 teaspoon salt*

### **Directions**

Make the Salsa ahead of time. To easily remove the skins from the peaches, bring a pot of water to a boil. Cut a small x in the bottom of the peaches; place the peaches in the boiling water for 3 minutes. Immediately remove the peaches and place in an ice bath. Remove the skins and dice peaches. Add diced peaches with melon, cilantro, lime juice and salt. If you would like to spice it up, throw in a pinch of red pepper flakes.

Sprinkle the seasoning on the chicken, and place on a preheated medium heat grill. Grill approximately 6 minutes per side or until done, this will vary depending on thickness of chicken.

Place salsa over chicken and serve.

Also here is an easy side dish you can serve with the chicken. Squash is plentiful this time of the year and I am always trying to find new methods for cooking them.

*2 yellow squash sliced thinly  
1 zucchini sliced thinly  
Salt and pepper to taste  
Olive oil  
Seasoned bread crumbs  
Parmesan cheese*

Set your oven to broil. On a lightly oiled backing sheet placed sliced squash and zucchini. Season the dish with salt and pepper. Lightly sprinkle bread crumbs over top of the dish, cover lightly with a little more oil. Cover the whole dish with Parmesan cheese. Place in the oven and broil for approximately 10 minutes, watch this carefully as this can go from done (lightly browned) to burnt very quickly.

Enjoy,  
Glenn and Glenn

# MUSIC



by Ben Dungan  
bdungan@charter.net

## Stepside Deluxe

Bil Jones knows music. He knows how to fix it (he's a luthier by trade). He knows how to sell it (he has worked at a local music store in town). He knows how to share it (he was a DJ with a local radio station). And now he's showing the world he knows how to play it.

Jones is the brainchild behind Gaston County's newest band, Stepside Deluxe. Even though they have been together for over a year now, they have just recently emerged from the rehearsal studio and are now out and about playing shows throughout Gaston County.

Even though they may be Gaston County based, it's quite clear that their musical heart is firmly planted in southern California - Bakersfield to be exact.

It's no secret that Nashville, Tennessee is the home of country music. But like Sir Isaac Newton's third law of motion stated that for every action, there is an equal and opposite reaction.

Nashville may be the home of country music, but in the 1950s, some folks in California were not feeling it. They were not a fan of the slick country sounds

coming out of Nashville at that time. Thus, they created their own sound - the Bakersfield sound.

Buck Owens and Merle Haggard were the founding fathers of this sound. And as a result, the Bakersfield sound went on to inspire scores of impressionable musicians in that

time including Gram Parsons (Flying Burrito Brothers), Jerry Garcia (The Grateful Dead), John Fogerty (Creedence Clearwater Revival) and more.

They even inspired Jones, who has always had a soft spot in his heart for this musical movement. So it's no surprise that his new band, Stepside Deluxe, has a Bakersfield flavor to it.

Stepside Deluxe may be a new band with an old sound. But if the band has it their way, what is old will hopefully become new again - or at least new to you.

Their sound will resonate with people who are already fans of Buck Owens, Dwight Yoakam, Merle Haggard and Chris Isaak. It's retro enough that the older crowd will dig it. It's got enough twang to satisfy the country crowd and rocks enough to keep the rock n' rollers happy. And it has a good steady beat that even the ladies that love to dance can get behind it.

Bil and his bandmates are having fun playing their music. And that's their mission - to have fun and share this music with the masses.

Now I am no famous physicist, nor have I ever been granted knighthood by the Queen of England, but I do have my own law of motion. It says, if the music moves you, then you should dance. Especially when Stepside Deluxe is playing at a venue you near you.



**Check Out Stepside Deluxe At Rodi Fri. July 27th & Freeman's Pub Gastonia Sat. Aug 4th**  
**[www.facebook.com/stepsidedeluxe](http://www.facebook.com/stepsidedeluxe)**

*Editors Note: We have enjoyed watching Stepside Deluxe grow from an idea that our friend Bil Jones had for a band, to the fun fusion of traditional rock and roll and traditional country that they are today...*

**GA!: Bil, first of all, why a band? I know you have a full-time job, run a small business, plus have a girlfriend...aren't you busy enough?**

**Bil:** Quite simply it's the love of music which I believe drives all musicians. As most know it's not the money!

**GA!: Tell me about the name "Stepside Deluxe"? Is that the name of a dance I can't do?**

**Bil:** The name "Stepside Deluxe" came about after months of effort in finding a catchy handle that personifies who the band is. The hardest part about putting a band together is picking a name! Actually "Stepside" and "Deluxe" were the model names of vintage Chevy pickups.

**GA!: I'll have to say that you have some really great guys in the band. How do they add to the band chemistry?**

**Bil:** Every member brings something unique and crucial to our sound. Robert Nesbit our guitarist is a longtime friend who I had wanted to do a project with for years. Potter was the bass player of the local band 'Cottonmouth' who I discovered had similar taste in music and as an added bonus sings great vocal harmonies. Jim Ashton is the most seasoned member of the group who is a multi-instrumentalist with a special talent for the pedal steel guitar. I'm really fortunate to be able to play music with some of the most talented and likeable musicians in the area.

**GA!: If Stepside Deluxe was a mixed drink how would you describe it?**

**Bil:** I would say we are a smooth blend of traditional country and roots rock with a splash of Bakersfield twang thrown in for kick!

**GA!: You guys have a different sound but are tons of fun. You say you are not a cover band - what do you mean by that?**

**Bil:** In addition to our own material we do songs by other artist in an interpretive manner. In other words we'll take a great song and put our own spin on to give it our sound.

**GA!: Who hires you - in other words what venues are you appropriate for?**

**Bil:** We play a mix of festivals, corporate functions, private events, and restaurants along with our favorite - the honky tonks – really anywhere folks enjoy really good, honest music.

**GA!: I know this has been a labor of love for about two years now...what are your ultimate goals for the band?**

**Bil:** In addition to writing new material and playing regional events we would ultimately like to perform at some of the larger festivals such as MerleFest, SXSW Music Festival and the Americana Music Festival.

**GA!: Where and when can we see you guys play? And how can we contact you if we need band for a function, festival, etc.?**

**Bil:** Our next local shows will be at Rodi Med-American Grill on Friday July 27th from 8:00 pm – 10:00 pm (acoustic) and Freemans Pub on Saturday August 4th from 9:00 pm – until (full band). For bookings we can be reached by email at [stepsidedeluxe@gmail.com](mailto:stepsidedeluxe@gmail.com), by phone at 704.361.5453 or thru our facebook page at [www.facebook.com/stepsidedeluxe](http://www.facebook.com/stepsidedeluxe).





## Scholarship Recipients

**1st Step:** Ashley Triplett, Kacee Griffin, Leann Richard

**2nd Step:** Teresa Pruett

**3rd Step:** Cora Robb, Karin Okonski

**4th Step:** Erica Marquard, Taylor Courtney

**5th Step:** Leah Cupp, Navreet Singh

**6th Step:** Callie Vellers, Catherine Campbell

**7th Step:** Courtney Bumgarner, Lisa Wilbanks

**8th Step:** Blair Gibson, Todd Friday

**9th Step:** Brittany Parker



The CaroMont Health Foundation and Hospice of Gaston County recently honored 19 recipients of scholarships from four scholarship funds: the Lee Bucci Professional Nursing Scholarship, the Lonnie and Rachel Waggoner Nursing Education Fund Scholarship, the Mr. and Mrs. Joe R. Hudson Nursing Scholarship, and the Wayne F. Shovelin Scholarship. The scholarships, which this year total more than \$111,000, provide tuition and support for student community members who are pursuing careers in health care.

### **Recipients of the scholarships:**

- ▶ **Lee Bucci Professional Nursing Scholarship:** Leann Richard
- ▶ **Lonnie and Rachel Waggoner Nursing Education Fund Scholarship:** Callie Vellers
- ▶ **Mr. and Mrs. Joe R. Hudson Nursing Scholarship:** Todd Friday, Dawn Hawkins, Karin Okonski, Teresa Pruett, Cora Robb and Ashley Triplett
- ▶ **Wayne F. Shovelin Scholarship:** Courtney Bumgarner, Catherine Campbell, Taylor Courtney, Leah Cupp, Blair Gibson, Kacee Griffin, Erica Marquard, Andrew Nguyen, Brittany Parker, Navreet Singh and Lisa Wilbanks

"Our scholarship recipients embody the values that CaroMont Health and the CaroMont Health Foundation hold in highest regard, including dedication, hard work and community service," said James Beam, CaroMont Health Foundation Board of Directors Chairperson. "We are proud to help these individuals achieve their goals and hope their success will continue. Our investment in them, and in the community, is a reflection of our goal to provide benefit to the area we serve."

Recipients were chosen based on individual financial needs, future career aspirations in health care and current scholastic standing. Each scholarship candidate was interviewed and selected by the CaroMont Health Foundation Board of Directors.

### **About the Lee Bucci Professional Nursing Scholarship:**

The Lee Bucci Professional Nursing Scholarship was created to honor Lee Bucci, Executive Director of Gaston Hospice. This scholarship is given to honor the spirit of "living each day as a gift," a belief shared by Bucci and Gaston Hospice. The Lee Bucci Professional Nursing Scholarship is for residents of Gaston County, NC who are enrolled in a nursing program.

### **About the Lonnie and Rachel Waggoner Nursing Education Fund Scholarship:**

A permanent endowment to honor the professional and community service contributions of Dr. Lonnie Waggoner, funded by gifts from friends and professional associates. Annual scholarship grants are made to students seeking an accredited degree in the field of nursing. Selection criteria include major emphasis on need and evidence of good character, as well as the applicant's caring and compassionate attitude consistent with the needs of the nursing profession.

### **About the Mr. and Mrs. Joe R. Hudson Nursing Scholarship:**

Mr. & Mrs. Joe R. Hudson of Lowell, NC established The Hudson Scholarship in 1974 to support students and help staff the new Gaston Memorial Hospital. Mr. Hudson was a former trustee and board member of Gaston Memorial Hospital. The scholarship helps support the education of selected students in the nursing field. Upon receipt of the scholarship and completion of degree, recipients commit to employment with CaroMont Health for the period of time the nursing education scholarship was awarded.

**About the Wayne F. Shovelin Scholarship:** Wayne Shovelin made many contributions in positioning CaroMont Health as a prominent health care provider in North Carolina. Shovelin retired in September 2009, concluding 23 years as President and Chief Executive Officer of CaroMont Health. That year, CaroMont Health supporter, Duke Kimbrell, pledged a generous endowment of \$2.25 million to establish the Wayne F. Shovelin Scholarship Fund in order to promote higher education and engage learning for CaroMont Health employees, volunteers and families. As a token of appreciation, CaroMont Health dedicated the fourth floor Critical Care Unit wall to the Kimbrell family in December 2010 for their generosity in helping to institute the scholarship.

**About CaroMont Health** – CaroMont Health, parent company for Gaston Memorial Hospital, has more than 3,800 employees, 43 medical practices, and eight affiliates. A Magnet hospital for nursing excellence and quality patient care, Gaston Memorial Hospital, is a 435-bed acute care facility supported by a medical staff of more than 300 physicians.

*"I applied for the scholarship and found out I was a recipient, but I still needed to go through the interview process. Once I completed the interview, I was contacted by CaroMont to let me know that I received the scholarship, and also to see if it was possible to expedite my classes and finish my degree to be able to come to work here within the year. This was also important because the scholarship would cover my entire education during that year process.*

*Once I finish my education, I plan to go into the Psychiatric Nurse Practitioner field, and go to work at CaroMont Health as an outpatient or inpatient Family Nurse Practitioner in the Psychiatric department. I absolutely love Psych. Ever since I was in clinicals, I've known that's what I want to do. It's been a seven-year process to get to this point. I've been in school for seven years already, and I'm finally obtaining this goal.*

*Without the money from this scholarship, going back to school for an advanced degree would have never happened. I am a single person, and I would not have been able to support myself financially while returning to school. This has really helped me to get to where I am today. I will graduate next summer, and I'm very excited about my future."*

*- Ashley Triplett, RN*

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