

GASTON ALIVE

MAGAZINE

HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS



Spring Into Summer! At Southampton Racquet & Swim Club

p6

**Cherubs Café, Same
Heart, New Menu**

p8

**Glenn Makes Yummy
Lettuce Wraps!**

p12

1000s of looks. 100s of colors.
25 brands. 1 stylish you.

Mention This Offer To Receive
25% OFF
Any Custom Drapery Treatment.
One coupon per customer please. Cannot be combined with any other offer.
Expires 6.15.16

**Budget
Blinds**

a style for every point of view

Call Budget Blinds for a high quality, affordable and efficient shopping experience or visit us online at www.budgetblinds.com.

704-864-8778



Problem Solved



Say **hello** to Mr. Handyman and **goodbye** to that "To-Do" List!

Call 704-824-8870
or visit myhandyman.com

Fully Insured - General Liability and Workers' Compensation. For franchise information call 1-866-822-6105. Each franchise independently owned and operated. Some services are subject to state or local licensing requirements and may not be available at all My Handyman locations.

like us on follow us on find us on blog.myhandyman.com



My Handyman is a member of the Service Brands International family.



One Call Does It All...

Mr. Handyman is the most trusted and professional handyman you can call for all your home maintenance and repairs...



\$50 OFF

This coupon is valid for \$50 worth of services provided by Mr. Handyman.

Minimum of 4 hours of service. Offer valid one time per household. Available at participating locations only. Not valid with any other offer.

OFFER EXPIRES: 06/15/2016



Sake Express

Japanese Steakhouse & Sushi

Voted #1
Japanese Restaurant
in Gaston County!

Gastonia

1327 East Franklin Blvd
704.864.4466

Belmont

675 Park Street
704.461.0400

Mount Holly

349 W. Charlotte Ave.
704.827.4819

Hours

Gastonia & Belmont
Mon - Sat 11AM - 10PM
Sun 11AM - 9PM

Mount Holly

Mon - Thurs 11AM - 9PM
Fri 11AM - 10PM
Sat 12PM - 10PM
Sun 12PM - 9PM

**GIFT
CARDS ARE
AVAILABLE!**



like us on



www.thesakeexpress.com

MUDDY WATERS TRIBUTE

SPONSORED BY:



LOST & HOLLOW MUSIC FEST

SPRING 2016

Saturday, May 14

11:00 A.M.

Introducing

★ **BROWN EYES MUSIC** ★

12:30 P.M.

★ **STEADY ROLLIN BOB MARGOLIN** ★

2:00 P.M.

★ **THE NIGHTHAWKS** ★

4:30 P.M.

★ **MUD MORGANFIELD** ★

Sunday, May 15

1:00 P.M.

★ **ABE REID** ★

2:30 P.M.

★ **MEL MELTON** ★

&

★ **WICKED MOJO**

4:00 P.M.

★ **JAMIE MCLEAN** ★



Daniel Stowe
Botanical Garden

6500 South New Hope Road • Belmont, NC 28012 • (704) 825-4490 • www.dsbg.org



FROM THE PUBLISHER

It has been a beautiful spring. My son got married recently in Savannah, and the grand kids have started playing softball and baseball-what a great time to be alive in the South! Now if those pine needles would just finish putting themselves out. . .

Even though the heat can be stifling, summer is still the best. . .it used to be that almost every Southern small town would shut down almost completely, or at least slow to an imperceptible crawl for the 4th of July week. All the mills were closed and everyone packed up and headed to Myrtle Beach. A lot of the mills are gone now, but lots of folks still head for the coast for some Calabash Shrimp and some family time in the sun and surf. Wherever you are going this summer, I hope you have a blast and come back well rested.

As always, be sure to patronize your local merchants-they give our community personality and vitality.

Happy spring!

David

featured this month

06

POOL TIME! AT SOUTHAMPTON RACQUET & SWIM CLUB



08

CHERUBS CAFÉ, SAME HEART, NEW MENU



12

GLENN MAKE YUMMY LETTUCE WRAPS!



HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS

on the cover



Pictured on this months cover are four girls that love the water having a good time at Southampton Racquet & Swim Club. Pictured, left to right are Thalia Smith, Anna and Samantha Sprague, and Carson Champion. Photo by Rick Haithcox, graphic design by David James.

our staff

PUBLISHER

DAVID HAMRICK

CONTRIBUTING PHOTOGRAPHERS

RICK HAITHCOX

SALES

DAVID HAMRICK

DESIGN

DAVID JAMES

CONTRIBUTING WRITERS

DAVID HAMRICK

GLENN SAWYER



To be part of our team, or to submit art, photo or story ideas, please email us at: info@gastonalive.com

128 Birchwood Court
Mt. Holly NC 28120
www.gastonalive.com
704.650.8330

Advertising Info: 704.650.8330
info@gastonalive.com

GA|5|16

www.gastonalive.com
www.facebook.com/GastonAlive



Gaston Alive Magazine is published monthly in the Gaston County, NC area by Art FX Media. All editorial contained within is the property of the publisher and cannot be reproduced in whole or in part without written permission. The publisher accepts no liability for the accuracy of statements made by the writers or advertisers. ©2016 Art FX Media.

Your 40 Day Transformation

Lose 40 lbs in 40 Days!™

Our Proprietary, Physician-Supervised Weight Loss System:

- Easy to Follow
- Boasts an 88% Long Term Success Rate
- Allows our patients to lose weight fast
- Even works for patients who are diabetic, hypothyroid, or who have failed at every other weight loss system available.
- Allows you to literally watch the fat melt off your belly and thighs...and maintain it for the rest of your life.

Call For Your **FREE Consultation!**

*Consultation times are limited.



Tois
Lost 35 lbs!

"If you are serious about losing weight in 2016, I can really help you."

-Dr. Adkins



Davy
Lost 55.5 lbs!



Dr. Lidia Adkins, PKT, D.C.



You can also schedule your Free Consultation by calling

704-691-0310

1846 E Franklin Blvd, Gastonia NC

www.cwli.net



™This is an average. Results may vary.



SOUTHAMPTON

RACQUET AND SWIM CLUB



Home of the
Southampton Stingrays!



South East Gastonia's Premier Private Swim and Tennis Club.

The Family Focused, Private, Safe and Fun environment you've been looking for. Make this your family's best summer yet at the Southampton Club Pool!

GA!: It's that time of year to be in the pool, right?

Taylor: That's right, the temps are warming up, schools about to get out and the anticipation and excitement is building for the Summer Pool Season. It's the highlight of the year running mid May through mid Sept.

GA!: Tell us about the swim program-what is being a member all about?

Taylor: We're proud to offer exclusive club memberships where every family can feel safe in a fun summer pool environment. Being a private club, it's a very tightnit community where everyone knows everyone. The lifeguards get to know each and every member by name. A Swim membership offers families access to the pool during the summer months, our "Stingrays" swim team program, private swim lessons, enjoy DJ Music parties, game nights, live music and so much more. But basically if you want a family focused environment, and you want your kids to have the time of their lives this summer, then Southampton Club is the place for you.



L-R: Thalia Smith, Anna and Samantha Sprague, Carson Champion

GA!: Can we get a tour of the facility, and what are the membership options?

Taylor: Absolutely, tours are by appointment only but we can be available most anytime. For anyone that is interested in joining the Club, email or call Taylor Smith at 704-867-8081 or taylor@southamptonclub.com to set up an appointment. We have a lot of members that don't play tennis so you can have a "swim only" membership or vice versa, tennis only, or access to everything with a "Full Membership". Pricing information and memberships breakdowns can also be viewed on our website at www.southamptonclub.com under the membership tab as well. You'll find we offer a very high end club experience without the sky high prices associated with most area country clubs.

GA!: I heard you are reaching capacity, how many spots are still left?

Taylor: We cap our Club membership at 350 to ensure the Club doesn't get too crowded. We're close to reaching that number and only have 20-30 remaining open spots. The best part is, those that join know get to take advantage of our \$0 initiation special. Once full we will go back to full initiation and a wait list. So for those on the fence about joining a private club, don't miss out, now is the best time to sign up!



Southampton Raquet and Swim Club.

2813 Kendrick Road • Gastonia
Club 704-867-8081 // taylor@southamptonclub.com

Tours by appointment only.



facebook.com/southamptonclub

www.southamptonclub.com

Cherubs Café:

SAME HEART, NEW MENU

By David Hamrick



GA: What is Cherubs Café?

Sister Nancy: Holy Angels opened Cherubs Café nearly 20 years ago in Downtown Belmont – we like to say we are the heart of Main Street. Our mission statement reads: Cherubs Café provides vocational training and meaningful employment opportunities for individuals with intellectual developmental disabilities. We are open for breakfast – and it is the best around.

GA: I hear your chicken salad is the best around!

Sister Nancy: Our chicken pecan salad is our signature salad. It has been on the menu since the beginning. We serve it in salads and sandwiches – and it is perfect to take home by the pound.

GA: We hear you have a new and improved menu?

Sister Nancy: We recently revised our café menu to feature fresh from the garden vegetables, as they become available. Holy Angels' horticulture therapy program features 12 beds of vegetables used at Cherubs Café. We also have herbs growing in our two beds in the Belmont Community Garden.

GA: So this is an anniversary year for Cherubs?

Sister Nancy: In December Cherubs Café will celebrate our 20th anniversary on Main Street in Belmont. Less than two years later we opened Cherubs Candy Bouquet. Our Belmont and Gaston County neighbors have supported us these 20 years. Most recently we opened Cherubs Market in Cramerton.

GA: What is the best thing about Cherubs?

Sister Nancy: When you visit Cherubs Café - you will be greeted with a huge smile by one of our supported employees. Our guests will experience the abilities of our folks with intellectual developmental disabilities. At Holy Angels we focus on helping each person reach their highest potential. Many friendships have developed through Cherubs Café.

GA: Do you guys do catering?

Sister Nancy: Cherubs Café has a special menu for catering. We provide delivery and set up of trays (fruit, sandwiches, desserts) as well as boxed lunches. We will cater your luncheon and breakfast meetings.

GA: Are you available to host evening meetings in house?

Sister Nancy: We open for breakfast beginning at 7:00 a.m. and close at 5:00 p.m. However, we will be happy to provide an evening meeting featuring our delicious food and desserts. Simply call our Cherubs Café staff to get it on the calendar.



Cherubs Café
23 North Main Street, Belmont, NC
704-825-0414
Open Mon. – Fri., 7:00 a.m. to 5:00 p.m.;
Saturdays, 7:00 a.m.-4:00 p.m.



We thank you for your support of our ministry with children and adults with intellectual developmental disabilities

Verne Deason Therapeutic Massage

Specializing in deep tissue and neuromuscular treatment:

- Craniosacral, headache and neck
- Low back pain
- Plantar fasciitis



William Henry Salon and Spa

Belmont 704-825-9040
Mount Holly 704-827-1234

Summer Riding Camps Sign Up Now!

\$25 OFF
WITH MENTION
OF THIS AD

CAMP DATES:

June 27th-July 1st
July 11th-15th, (Show Rider Camp)
July 25th-29th • August 1st-5th

JON WALKER



jonwalkerstables.org

4933 Granny Trail, Gastonia, NC 28056 • 704-864-6529

OUR LISTINGS ARE SELLING! CALL US TO GET YOUR HOME SOLD!



Exquisite executive lakefront home with its own dock and indoor pool, 4 bedrooms+exercise, 3 fireplaces, home automation, extensive outdoor living & landscaping. \$997,500



Ultimate home near Gaston Country Club! 5 BR! Vaulted & grand! 4 fireplaces! Finished basement! Fenced yard! Fabulous outdoor spaces! \$599,990



Belmont waterfront! Close to town! Big water views!
\$975,000



Single level with vaulted great room! Large 1.6 ac lot!
Pool! \$410,000



Open! Grand! Hawthorne! Walk to DT Belmont!
\$369,900



3 BR Ranch + bonus! Mountain-like RIVER FRONTAGE
on 4+ ac! \$335,000



Belmont Craftsman-style charm! Open living! Pottery
Barn feeling! \$299,900



Belmont! South Point Ridge! 4 BR! Beautiful floors &
yard! Fresh, neutral paint! Walk to pool! \$289,900



5 BR brick home in Armstrong Circle! Double lot!
Beautiful features & details! \$325,000



Classic Southern estate home! Mt Holly \$299,900



3 acres! Charming home! Outbuildings! \$249,900



Convenient townhome end unit! Open floor plan!
\$75,000

Gaston Alive! has helped hundreds
of small businesses prosper-
Imagine what we can do for you!

GASTON ALIVE

MAGAZINE

HOME | GARDEN | STYLE | FUN | FOOD | HAPPENINGS

Contact us today for a no obligation consultation.

Sales: 704-650-8330

gastonalive.com • info@gastonalive.com



facebook.com/GastonAlive

Guitar Repair

Acoustic • Electric • Vintage

FretGarage



704.361.5453

www.fretgarage.com

We buy vintage guitars & amps
Bil Jones, Luthier



ScottFarmerProperties.com

704.822.2422

Scott Farmer
CRS, GRI, Licensed NC
Residential Real
Estate Appraiser, Real Estate
Broker, Realtor®



Building Is A Labor Of Love

By David Hamrick



Greg Dimmer,
Owner

GA: I know you have built a lot of high end houses, but also do smaller homes and remodeling...

Greg: Yes, we mostly only focused on new home construction before 2008; however when the economy crashed in 2008 we had to transition to other areas of construction and since that time have grown to strive in all areas of construction including new homes, entire home remodeling, kitchen remodels bath remodels, finishing basements, building decks and building detached garages.

GA: Folks love to hang out in the kitchen- what's going on with kitchens right now?

Greg: It seems since 2008 that many homeowners have decided to keep their current homes and most of the time have lived in their homes for more than 20 years and want to modernize their kitchens, most clients choose new cabinetry with self closing drawer and door hardware, a new trend seems to be more colored cabinets than stained cabinets, clients are tired of having formica countertops and want new granite or quartz countertops with ceramic tile backsplashes, stainless steel appliances are very popular at this time, there are many different styles of ceramic tile and engineered hardwoods and people are tired of their old vinyl floors and want new ceramic tile floors or engineered hardwood flooring in their kitchens. Other popular items are recessed lighting, undercounter lighting, pendant lights over sinks, bar and island areas of the kitchen.



GA: I have seen some of the gorgeous bathroom remodels you have done- what's popular in bathroom remodels?

Greg: Since many home owners have decided to stay in their existing homes and have lived there more than around 20 years the bathrooms become a focus because the color of fixtures become out dated, tubs and shower finishes fade or crack, fixtures begin to leak. I see that homeowners want larger showers that are ceramic tile instead of fiberglass, homeowners are trending more towards removing existing garden or whirlpool tubs to gain more space if there is still another tub in other bathrooms in the house, most new vanities are 36" tall instead of the existing vanities that are only 32" tall, clients want granite countertops with porcelain undermount sinks, new styles of ceramic tile floors instead of the old vinyl floors or out dated floor tiles.



GA: I know you build or remodel outdoor decks...

Greg: The spring and summer time is a very busy time for us building new decks for homeowners. When I visit clients homes and they are wanting new decks, I see old decks that have wood that has twisted, nails heads sticking up, decking boards that have split or splintered and dangerous to children or grandkids and they want to remove the old decks and build new and sometimes larger decks to entertain or enjoy their back yards because many homeowners have lived there many years and have planted shrubbery, flowers, natural areas and enjoy the outdoors and is relaxing to sit out on a new deck and enjoy the fruits of their labor after many years of hard work.



"We hired Dimmer and Sons Construction to enclose our screened in porch and completely remodel our kitchen. We chose them because they were the original contractors that built our house and we loved the craftsmanship and quality of their work. They managed all of our change requests in a very helpful and engaging manner. Even better they delivered everything under budget and almost two months ahead of the requested finish date. We would highly recommend them for any work you are considering for your home."

-Bryan and Alison



GA: If I have a remodel project in mind, what are some things to consider when hiring a contractor?

Greg: I hear a lot of horror stories about homeowners who hired a contractor and ended up not happy in the end. I have had to go into projects and fix the problems that homeowners have to deal with after they thought they had hired a qualified contractor and ends up costing them more money. There are many ways for homeowners looking to do a project to ensure that they get a qualified General Contractor such as:

1. Ask are you a licensed General Contractor (make them show you their certificate) any project over \$30,000.00 requires a licensed general contractor
2. Ask will you be acquiring a zoning and building permit for my project (if not, why) most remodel projects require zoning and building permits
3. Give me 3 previous clients that I can call and speak with about their project and experience with you. (if they can provide odds are they have a good reputation)
4. How long have you been in business, (is your business registered with your home state) This means they should be a legit business
5. Do you have General Liability & Workers Compensation insurance (request a copy of their current certificate) This is very important! This means if they damage something in your home or someone is hurt working on your home the Contractor has a means to take care of and not leave the homeowner left to worry about.
6. I have a quote on my business card that says: "The bitterness of poor quality remains long after the sweetness of low price is gone"

GA: You have been at the building trade a while. Do you still find it interesting?

Greg: I have been a licensed General Contractor since 1995 and been in business over 20 yrs. I can honestly say that I love what I do and have been blessed to have a job that I enjoy. I love working with people and bringing joy to new homeowners and existing homeowners once their project has been completed. I was taught from a young age to take pride in what you do & to have integrity. I believe that this has kept me in business and I also have the honor of working with my younger brother and several 2nd cousins who also believe in this and it shines through each and every day on the job because I always hear back from homeowners how wonderful their experience has been with the people we hire and work with on their project.



Dimmer & Sons
Custom Home Builders
704.309.0760 • gregdevise@aol.com







COOKING WITH GLENN

LETTUCE WRAPS

It's getting warmer and it's time to get into swimsuit shape so lots of folks are watching their calories. Many of are looking for no carb alternatives, but all of us love to still eat delicious food.

You might have noticed in many of the popular Asian or Asian fusion restaurants the serve lettuce wraps well they are an easy fix ahead item that can be pulled out later in the week and create a light meal or add to a full meal as an appetizer.

I'm not usually an Asian chef but I always enjoy the flavors. Sushi is on the top of my go out to meals as I just don't have the touch at home. I know it's practice, practice, practice but if I can cook everything at home I would never have an excuse to go out.

If you grill chicken over the weekend the leftovers can be used in this recipe or you can cook the chicken fresh. Either way these work and they can be prepared ahead and re-heated a few days later.

I experimented with several different lettuces, bibb, escarole, endive, iceberg and romaine each add a bit different flavor but primarily it's about the crunch so fresh is best. Iceberg and romaine have the least flavor and bibb is the softest, but can fall apart when overstuffed. Endive makes a better appetizer portion. Choose the right vehicle for the stuffing depending on what you have or what you want to achieve. Sometimes what you have is the best choice.

To make the sauce it can vary a bit but I recommend Rice wine vinegar, Soy sauce, Teriyaki sauce and Hoisin sauce.

Method:

Cook the chicken cool, remove the skin dice into small pieces. Dice water chestnuts, celery and shallot. Cut the carrot into fine Julian strips and mince the garlic. Peel and finely grate the ginger. All of these to a skillet adding 1 tbs of rice wine vinegar, 2 tbs soy and teriyaki sauce and finally 2 tbs of hoisin sauce. If this appears a bit dry add a table spoon or two of water to get the sauce to mix well with the vegetables.

Cover and cook over medium heat for 5 min and add the chicken tossing to cover and blend well with the veggies and sauce. Cover and cook for another 2 min till thoroughly heated.

Pull the leaves of the lettuce into the size you want (from bite to roll) and then stack with a bowl of the filling for folks to build their own.

If you want to add some kick use your favorite hot sauce, I recommend Sriracha. You can cook this in for everyone or leave it on the side if you have mild eater with the chili heads.

I pair this with a nice Riesling or I found a perfect rose with notes of raspberry and strawberry and just a hint of sweet on the back end to cool the heat. Of course a chilled Saki is also an excellent choice.

Kanpai!
Till next time, make it your own!
Glenn



SRIRACHA



The origin of sriracha is debated but the Thai Si Racha Lover's Association credits the creation of the sauce to a woman with a small shop in Sriracha. Burmese saw mill workers came to the shop to buy chilies, salt, vinegar and sugar to grind in a mortar making a spicy sauce for themselves and their families. Soon this enterprising shop keeper started to prepare the sauce to sell and not long after another customer named Thimkrachang began to buy large quantities of the ingredients to make the sauce commercially where it first appeared under the brand name of 'Si Racha Phanich'.

The producer of the sauce most recognized in the US with the Rooster on the label never copy righted the name so now sriracha sauce has become a generic term although many varieties are now available.

Follow me on Facebook to continue the culinary adventure.



facebook.com/glenn.sawyer.988

WE OFFER A GREAT SELECTION OF DRAFT BEERS, BOTTLED BEERS, AND SEVERAL WINES BY THE GLASS.

PIZZA DONE RIGHT!

Locally Owned and Operated since 2004. Signature hand-tossed pizzas, oven-baked hoagies, enormous salads, signature appetizers and the area's BEST WINGS!



LUNCH SPECIAL!
TWO 10" SPECIALS FOR
\$11.99
INCLUDES SODA OR TEA!
One coupon per customer please. Cannot be combined with any other offer. Expires 6.15.16



AWESOME
PRETZEL DROPS - WITH
OUR SIGNATURE SAUCE
YA GOTTA TRY 'UM!

MANAGER'S SPECIAL!
\$5.00 OFF!
ANY PURCHASE OVER \$25
One coupon per customer please. Cannot be combined with any other offer. Expires 6.15.16

PIZZA & WING COMBO DEAL!
GET 14 WINGS/
16" 2-TOPPING
PIZZA FOR **\$22.99**
One coupon per customer please. Cannot be combined with any other offer. Expires 6.15.16



Voted
"BEST PIZZA"
In Gaston County!

106 N. Main St.
Belmont, NC 28012
704-825-8900



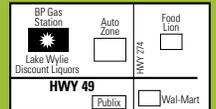
facebook.com/Johnny B's Pizza Pad & Watering Hole
WWW.JBSPIZZAPAD.COM



SVEDKA COLADA

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie
803-831-8161



Please Drink
Responsibly

1.75 Liter
only
\$18.99



SVEDKA
VOTED #1 VODKA OF 2013

\$2 OFF

Any Purchase Of \$20 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 6/15/2016.

\$5 OFF

Any Purchase Of \$50 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 6/15/2016.

\$10 OFF

Any Purchase Of \$100 Or More

Lake Wylie Discount Liquors

5081 Charlotte Hwy • Lake Wylie • 803-831-8161

With This Coupon. Cannot Be Combined With Any Other Offer. Offer Expires 6/15/2016.



WE STILL HAVE SPOTS AVAILABLE!

Photo courtesy of William S. Trainham Photography

Creekwood Riding Academy Camps

- WEEK 1:**
June 13-17 (9:00-1:00)
- WEEK 2:**
June 20-24 (9:00-4:00) FULL DAY
- WEEK 3:**
June 27-July 1 (9:00-1:00)
- WEEK 4:**
July 11-15 (9:00-1:00)

Half day camps include:
1 riding lesson, per day, grooming, basic horse care and horsemanship, crafts, games, bareback riding, trail riding, and a pizza party on Friday!
(Half day camps are ages 4 and up.)

Full day camps include:
2 lessons/day, in depth horse care and maintenance, bathing, crafts, games, bareback riding, trail riding and a pizza party on Friday!
(Full day camps are for ages 6 and up.)

Call for prices and additional information! Multiple children discounts and referral discounts! 704-914-7471



5201 CR Wood Rd • Gastonia • 704-914-7471

Find us on **facebook.** Find us on Facebook. Creekwood Riding Academy

Service ...That Says It All



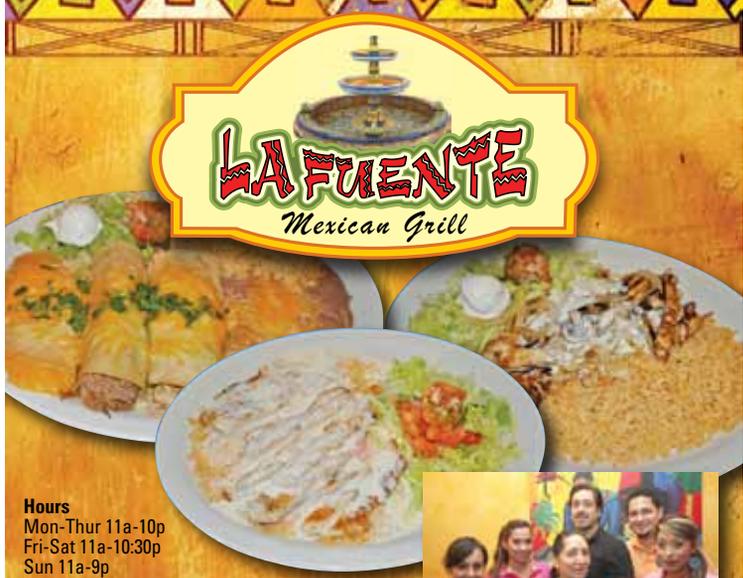
Tom McClellan, Repair Service Technician

Over 40 years ago, The Music Center was born out of one man's love for music...and today we're still committed to being the very best full service **MUSIC CENTER!**



704-861-1037
940 E. Franklin Blvd. 🎵 Gastonia, NC

Ask Us About Catering Your Next Event!



Hours
Mon-Thur 11a-10p
Fri-Sat 11a-10:30p
Sun 11a-9p

704-866-7744
3070 East Franklin • Suite #2 • Gastonia
(Right Below Best Buy)



Owner Ben Dorantes & Staff

BUY ONE ENTRÉE GET ONE 1/2 OFF!*

*WITH PURCHASE OF 2 BEVERAGES, 2ND ENTRÉE MUST BE OF EQUAL OR LESSER VALUE
One coupon per customer please. Cannot be combined with any other offer. Expires 6.15.16

\$5.00 OFF!

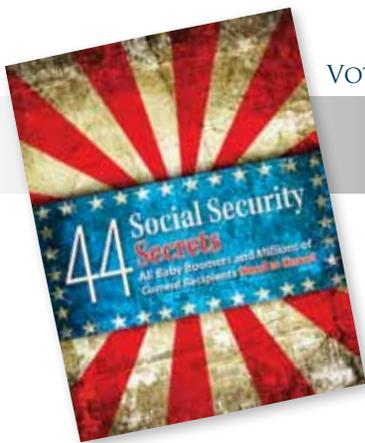
ANY PURCHASE OF \$25.00 OR MORE
One coupon per customer please. Cannot be combined with any other offer. Expires 6.15.16

You've worked hard to get here. We work hard to build peace of mind.

At Belmont Capital Advisors, we deeply believe that our clients deserve to enjoy what should be the most lighthearted period of your life without having to worry about your financial security. Everyday we work hand in hand with our valued clients to make this happen. Call today to schedule your free consultation.

Learn more at belmont-capital.com.

Retirement | Annuities | Insurance



VOTED BEST OF GASTON FOR BEST FINANCIAL ADVISOR!

Joseph Roop, Founder

Baby Boomers: Learn how to get the maximum social security benefit to which you are entitled. Go to www.belmont-capital.com and click on social security for your free copy!



BELMONT CAPITAL ADVISORS

704.825.1560 217 Glenway Street, Belmont NC